**Workplace Suicide Prevention Resources**

[National Action Alliance for Suicide Prevention](https://theactionalliance.org/) - [Workplace](https://theactionalliance.org/communities/workplace) Resources

* [Comprehensive Blueprint for Workplace Suicide Prevention](https://theactionalliance.org/resource/comprehensive-blueprint-workplace-suicide-prevention)
* [Health Care Clinical Workforce](https://theactionalliance.org/healthcare/clinical-workforce) - training and suicide care guidelines
* [Lethal Means & Suicide Prevention](https://theactionalliance.org/resource/lethal-means-suicide-prevention-guide-community-industry-leaders) - A Guide for Community and Industry Leaders
* [Manager’s Guide to Suicide Prevention](https://theactionalliance.org/resource/managers-guide-suicide-postvention-workplace-10-action-steps-dealing-aftermath-suicide): 10 action steps for dealing with the aftermath of a suicide that affects the workplace.

[Suicide Prevention Resource Center](https://www.sprc.org/) - [Workplaces](https://www.sprc.org/settings/workplaces) - fact sheets and tools for managers and coworkers on suicide prevention and postvention.

* The Role of Managers: <https://www.sprc.org/resources-programs/role-managers-preventing-suicide-sprc-customized-information-series>
* The role of Coworkers: <https://www.sprc.org/resources-programs/role-co-workers-preventing-suicide-sprc-customized-information-series>
* Manager’s guide to postvention in the workplace: <https://www.sprc.org/resources-programs/managers-guide-suicide-postvention-workplace-10-action-steps-dealing-aftermath>

[Center for Workplace Mental Health](http://www.workplacementalhealth.org/) - tools, resources and information to promote and support the mental health of employees and their families.

* [Working Well Toolkit](https://workplacementalhealth.org/employer-resources/the-working-well-toolkit)

[Working Minds](https://www.coloradodepressioncenter.org/workingminds/) - resources to support businesses in developing a suicide prevention program.

[Zero Suicide Initiative](https://zerosuicide.edc.org/) - tools for health care systems and organizations to promote suicide safer care.

Mental Health America - [Workplace Mental Health Programs](https://www.mhanational.org/workplace)

**Industry Specific Resources**

**Construction**

* Working Minds: Suicide Prevention in the Construction Workplace

<http://www.constructionworkingminds.org>

* Construction Industry Alliance for Suicide Prevention <http://www.cfma.org/news/content.cfm?ItemNumber=4570&navItemNumber=4639>

**Farming**

* Farm Crisis Center: <https://farmcrisis.nfu.org>
* Farm Aid hotline (800-FARM-AID/800-327-6243), Monday-Friday from 9a.m.-5p.m. ET.
* [Farmer Resource Network online directory](https://farmerresourcenetwork.force.com/FRN/s/) of local resources around a variety of issues
* Rural Health Information Hub, [Rural Response to Farmer Mental Health and Suicide Prevention Resource](https://www.ruralhealthinfo.org/topics/farmer-mental-health/resources)s
* [Agriculture & Natural Resource Center of Excellence](https://agcenterofexcellence.com/agricultural-mental-health-resources-covid19/), based in Washington

**First Responders**

* [First Responders Coping with the Aftermath of Suicide](https://www.youtube.com/watch?v=Ryy7EyAiyeQ)
* [Breaking the Silence: Suicide Prevention in Law Enforcement](https://www.sprc.org/resources-programs/breaking-silence-suicide-prevention-law-enforcement)

**Training Resources**

[Working Minds](https://www.coloradodepressioncenter.org/workingminds/) offers a 2-hour training module on workplace suicide prevention as well as an 8-hour train the trainer at a modest cost.

Suicide Prevention Training

* [QPR](https://qprinstitute.com/) - Question, Persuade, Refer
* [Living Work](https://www.livingworks.net/)s (e.g. ASIST, Suicide Talk)

**Crisis Resources**

If you or someone you know may be at risk, call the National Suicide Prevention Lifeline at 1-800-273-8255 for immediate help, 24 hours a day, seven days a week to be connected to a crisis counselor in your area. day. The Lifeline is also available in Spanish and offers a prompt for veterans, or those concerned about a veteran, to connect to specially trained counselors. Chat services are also available by visiting <https://suicidepreventionlifeline.org/chat/>.

The Reach Out section of the [SuicideIsPreventable.org](http://www.suicideispreventable.org/) web site lists local resources in your county. The Know the Signs web site is NOT a crisis resource, but you can view a listing of crisis and behavioral health services in your county.

**Safety Resources**

[Counseling on Access to Lethal Means](http://www.sprc.org/resources-programs/calm-counseling-access-lethal-means) is a free online training providing guidance having a conversation about access to lethal means with someone who may be at risk and strategies for how to reduce their risk.

The Harvard School of Public Health [Means Matter](https://www.hsph.harvard.edu/means-matter/) Campaign seeks to increase the proportion of suicide prevention groups who promote activities that reduce a suicidal person’s access to lethal means of suicide and who develop active partnerships with gun owner groups to prevent suicide.

The California Gun Violence Restraining Order establishes a process for law enforcement and immediate family members to petition a court to temporarily remove firearms from a person at risk of harm to self or others. Visite [www.speakforsafety.org](http://www.speakforsafety.org) for more information.