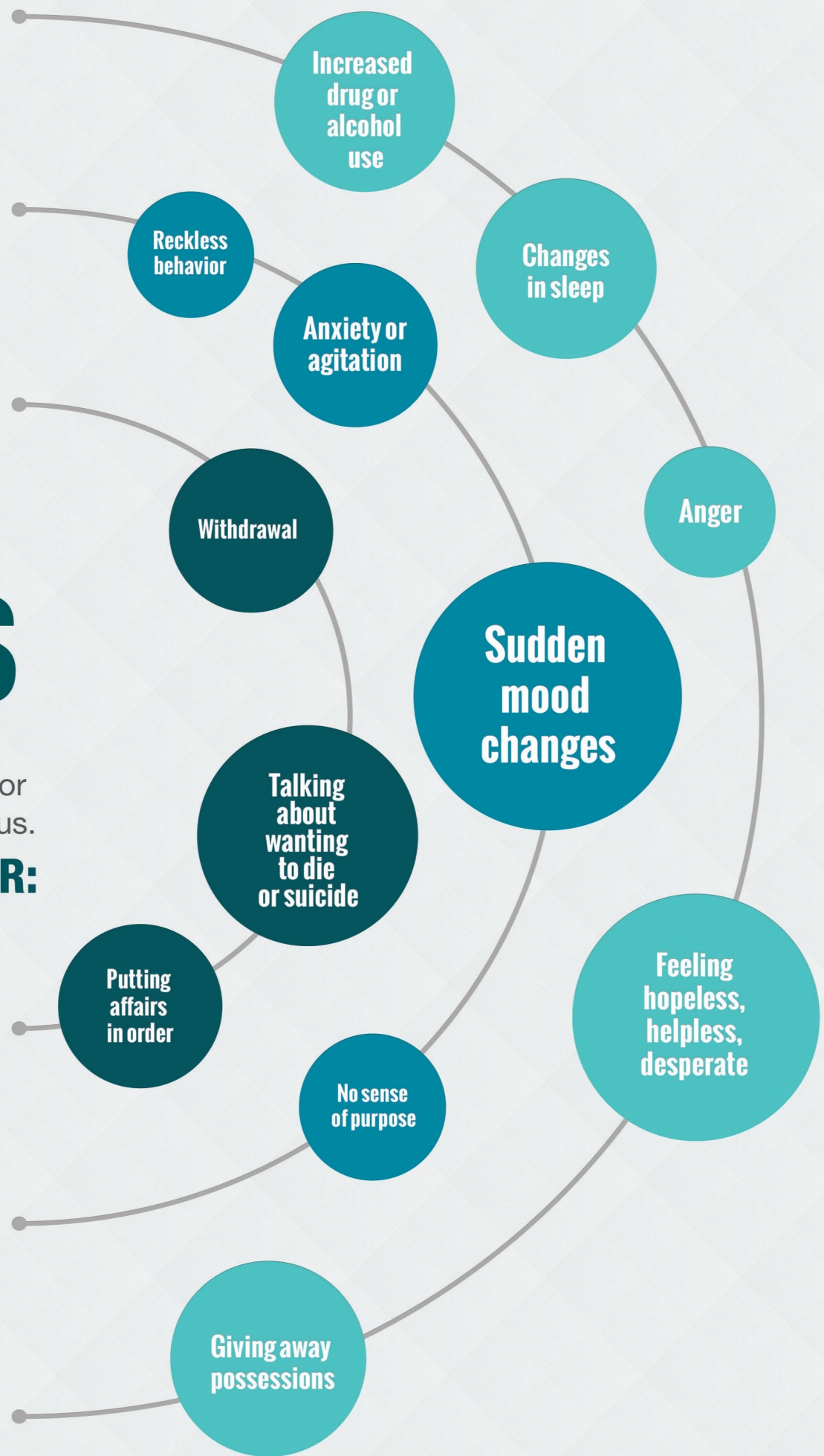


PAIN ISN'T ALWAYS OBVIOUS

The warning signs of emotional pain or suicidal thoughts aren't always obvious.
HERE'S WHAT TO LOOK FOR:



By recognizing the signs, finding the words to start a conversation and reaching out to local resources, you have the power to make a difference. The power to save a life.
Learn more at:

suicideispreventable.org

In a crisis call the
National Suicide Prevention Lifeline:
1.800.273.8255



Funded by counties through the voter-approved Mental Health Services Act (Prop. 63).



**RESTAURANTS
CARE**

Serving. Supporting. Caring.